



## ***DESTINATION AND ACCOMMODATION GUIDE FOR INTERNATIONAL STUDENTS***

***International Relations Office of University Mediterranean  
Podgorica***

## ***Welcome to University Mediterranean Podgorica!***

To prepare you for your MBA experience and personal stay in Montenegro, the Faculty of Business Studies "Montenegro Business School" has prepared an International Student Handbook just for you. It is a challenging, stimulating and sometimes difficult process to leave home and live in a different country and culture. This International Student Handbook is designed to aid and assist you in your transition from your home country to Montenegro and to answer some of the most common questions students typically have. It will be a resource for you throughout the programme. It contains information about the classes you will take, the skills and other things you will learn, the lecturers and tutors who will teach you, and the rules and regulations of the School. It also provides practical information of interest for foreign students such as information about accommodation, transport, health insurance, language courses, welcome activities...

We hope you will find your time with us fulfilling and rewarding and we encourage you take full advantage of all the many resources available to you during your course of study.

If you have any issues, questions, or need advice from current students, please feel free to contact:

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We're here to help!

## ABOUT MONTENEGRO AND PODGORICA – GENERAL INFORMATION

<b>The official name:</b>	Montenegro
<b>Flag:</b>	
<b>Political status:</b>	Republic
<b>Location:</b>	On the Adriatic Coast, in South-East Europe
<b>Neighbouring countries:</b>	Croatia, Bosnia & Herzegovina, Serbia, Albania, Italy
<b>Size:</b>	13,812 km <sup>2</sup>
<b>Length of borders:</b>	614 km
<b>Population:</b>	620.145 (according to the 2003 census) Montenegrins - 43,16 % Serbs - 31,99 % Bosnians - 7,77 % Albanians - 5,03 % Muslims - 3,97 % Croats - 1,10 % Others - 6,98 %
<b>Capital:</b>	Podgorica (approx. 170.000 inhabitants; administrative and economic centre)
<b>Historical capital:</b>	Cetinje (18.500 inhabitants, historical and cultural centre)
<b>Other major cities:</b>	Niksic (75.000), Bijelo Polje (50.000), Bar (40.000), Berane (35.000), Pljevlja (35.000), Herceg Novi (33.000)
<b>Religion:</b>	Most of the population is Christian Orthodox, with a significant Muslim minority and a notable Roman Catholic presence in some parts of the country.
<b>Language:</b>	Montenegrin is the official language. Both the Cyrillic and Latin alphabet are in use. Albanian is spoken in some communities that have a majority Albanian population.
<b>Foreign languages:</b>	English, German, Russian, French and Italian are the most common foreign languages spoken at the tourist resorts.
<b>Length of the coast:</b>	293 km
<b>Length of beaches:</b>	73 km
<b>The highest peak:</b>	Bobotov kuk (2.523 m) - Mt Durmitor
<b>The largest lake:</b>	Lake Skadar - 391 km <sup>2</sup>
<b>The deepest canyon:</b>	The Tara Canyon - 1.300 m
<b>The largest bay:</b>	Boka Kotorska
<b>National parks:</b>	Durmitor (39.000 ha) Lake Skadar (40.000 ha) Lovcen (6.400 ha) Biogradska Gora (5.400 ha)
<b>UNESCO heritage sites:</b>	Durmitor National Park, Natural and Cultural - Historical Region of Kotor
<b>Currency:</b>	Euro (€)
<b>Time:</b>	Central European Time GMT+1
<b>International telephone code:</b>	+ 382
<b>Internet country code:</b>	.me

Electricity:

220 volts AC. Sockets are round two-pin.

## Map of Montenegro



## ***How to get to Montenegro?***

You can get to Montenegro by all the means of transport at any time and in every season by land, sea or air, by plane, boat, yacht, train, bicycle, car...

No matter how you will get here you should know that once you are here you can reach any other destination from Montenegro. Anything is possible here, so in the morning you can find yourself on the top of the mountain, in the midday you can be on the boat on the lake, and at the end of the day on the sea shore.

### ***By boat***

Passenger and freight ferries regularly operate on the lines Bar-Bari and Bar-Ancona. The ports of Bar, Budva, Kotor and Herceg-Novi have a status of ports for international traffic. For the most beautiful and largest yachts (to 150 meters long) there is Porto Montenegro in Tivat which is a marina with comprehensive services.

### ***By car***

The roads are good and the sea and high mountains are connected by the Adriatic road and the new road Risan-Žabljak. The fastest way to reach the sea from Podgorica is through the tunnel Sozina.

### ***By plane***

It takes only two hours to get to Montenegro from most of the European capitals. There are two international airports – in Podgorica (12 km from the city) and Tivat (4km from the city centre). Companies which regularly fly to the airports of Montenegro are the following: Jat airways, Turkish airlines, Moskovija, Malev, Austrian, and in summer months numerous charter companies operate.

### ***By train***

Montenegro has a railway which is through Belgrade connected with the railway network of Europe. Its last stop is the city of Bar and railway goes through Podgorica, Kolašin, Mojkovac and Bijelo Polje. In summer time railway traffic is intensified.

## ***Culture***

Due to its location, between two great civilizations - Eastern and Western, and three great religions: Orthodox, Catholic and Islamic, Montenegro has rich cultural heritage with works of many known and unknown architects, painters and carvers, masters of the refined arts, writers, transcribers and printers.

The most attractive and visited cultural - historical monuments in Montenegro are: the town of UNESCO - Kotor, town museum Cetinje and native village of the Petrovic dynasty - Njegusi. Excursions to notable religious monuments in the hinterland as well as excursions far deep into Boka Kotorska bay and Skadar Lake are a must-do when you stay in Montenegro.

More information on Montenegrin old towns, religious architecture, monuments, fortresses, towers and palaces, archeology, museums and art, but also about traditional celebrations, carnivals, theater, festivals and concerts could be found at [www.montenegro.travel](http://www.montenegro.travel).

## ***Cuisine***

We recommend you to taste: lamb or goat roast meat, Piva's kajmak, kačamak, cicvara, fish soup and boiled fish, smoked carp and bleak, seafood...

In order to get to the heart of Montenegro you shall try the specialties of the national cuisine. The diversity of Montenegrin nature and the ethnographic diversity have left a trace on Montenegrin cuisine. Whether you are dining at your friend's, in an authentic Montenegrin home, or in some restaurant, you shall be cordially welcomed.

## ***Climate***

The climate features in Montenegro are extremely diverse.

### **Coastal zone**

The coastal belt, which is the narrow strip along the Adriatic Sea separated from the hinterland by steep mountain ranges, enjoys a Mediterranean climate, with long dry summers and short mild winters. Average July temperatures are 28°C with a high approaching 30°C; average annual sunshine is over 2,500 hours with a summer average of ten hours a day. The winter average temperature is 9°C and rarely drops below freezing, but northern winds can be very cold. Spring is characterized by sunny weather with moderate temperatures and autumn with frequent rainfalls. November is generally the wettest month.

### **Continental zone**

The central part of Montenegro encompasses the Zeta Plain and the Bjelopavlici Plain. Mediterranean penetration along the Bojana Valley and Lake Skadar and the influence of the water surfaces on this inland area are very significant, and this explains why the central plain is warmer in summer than the coast area. The cold air penetrations from the north into this area are frequent and are the reason why the number of frosty days is three times greater here than on the coast. Podgorica averages a January temperature of 5°C and a July temperature of 28.5°C. The maximum can reach 40°C with a minimum of -10°C.

### **Mountainous zone**

The highest mountainous area consists of plains at around 1,700 m rising to peaks at around 2,000. The climate is sub-alpine with cold snowy winters, up to 5 metres of snow in the mountains, and moderate summers averaging 270 hours of sunshine per month. Winter maximum temperatures are around 3°C with minimums around -8°C. In the summer months it goes from 23°C to 9°C. If you are visiting these regions even in the middle of July, you should pack some warm clothing for the evenings.

## **LIVING AND STUDYING IN PODGORICA – THE CAPITAL OF MONTENEGRO**



### **PODGORICA – FACTS AT A GLANCE**

Area:	1500 km <sup>2</sup>
Position:	Northern part of Zeta valley
Altitude:	44,5 m
Geographical coordinates:	42°26' N, 19°16' E
Population:	187 085
Language:	Montenegrin
Currency:	euro €
Climate:	Continental, though influenced by the Mediterranean climate manifested by precipitations and a higher temperature in winter months. Podgorica is the warmest city in Montenegro, where maximum temperature can reach up to 40C and the minimum - 10C.
Average number of sunny days:	roughly 135 (air temp. above 25°C)

Average air temperature:	16,4°C
Archaeological sites:	Duklja and Medun
Culture and Entertainment	<p>Podgorica is the cultural centre of Montenegro with its National Theatre, the Cultural-information Center “Budo Tomovic”, and the Cineplexx movie theatre. It is also a centre for modern and alternative movements in culture.</p> <p>Podgorica is proud of its many galleries and museums where you can find or even purchase diverse works of art. Young people have plenty of opportunities for entertainment. There are many discos, pubs and cafés where one can dance the night away or just have a nice cup of coffee with a friend.</p>
Local Transportation	<p>Public transportation consists of buses which operate all day (every thirty minutes). Tickets can be bought on board (€0.80), usually directly from the driver.</p> <p>Probably the best option to move around Podgorica is the cheap and reliable taxi service. Taxi stands are virtually everywhere in the city, but they could also be reached by calling the dispatcher service.</p> <p>The fare is between €0.50 and €0.80 per kilometer, and usually no start fare is charged.</p>
Leisure Activities	<p>Podgorica and its surroundings offer a great variety of sports and leisure activities for anybody’s taste. The spacious green areas of Podgorica make it one of the “greenest” cities in Europe. Nicely arranged and maintained, they present the city’s jewel and an ideal place to relax. In the vicinity of Podgorica, you can enjoy the thrill of the Morača and Cijevna canyons, the calm of the Zeta and Sitnica Rivers, the beaches and cane fields of Skadar lake, reflections of mountain peaks in the lakes of Bukumir and Rikavac, not to mention the freshness and healthiness of the surrounding hills and mountains.</p> <p>If, on the other hand, you prefer indoor sports and activities try the sports centre “Morača”.</p>
Eating out	<p>Podgorica offers a great variety of cuisine. There are many restaurants with national as well as international food. They vary in prices but are generally quite pleasant.</p>
Banks	<p>Banks are generally open to the public between 9 am and 5 pm. You may change foreign currency in EUR at all banks. In money exchange offices, the exchange rate is somewhat more favourable and the service is generally faster. There are many such offices in the city and they are usually open between 9 am and 5 pm. On Saturdays the banks are open between 9 am and 12 noon. On Sundays and holidays both banks and exchange offices are closed. Currency exchange is, however, possible at hotels’ reception desks.</p> <p>Credit Card Services</p> <p>Mastercard - Eurocard, VISA, Diners Club and American Express are widely accepted in shops, hotels and restaurants. There are many ATMs in the city.</p>
Time zone:	GTM + 1 H



Mains electricity:	220 V/50 HZ
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*Millennium Bridge*



*Aerial view of Podgorica*

### **ESTIMATED MONTHLY LIVING EXPENSES**

Student living expenses will vary according to individual needs and the ability to budget and manage finances. In particular if you want to travel a lot and take full advantage of the available cultural and social opportunities, expenses will be higher. The estimates below are therefore only a very general guide.

Food	€ 200/month
Rented room and Utilities (water, electricity, heating, phone)	€ 250 /month
Transportation	€ 50/month
Miscellaneous	€ 50/month
<b>TOTAL</b>	<b>approx. € 550</b>

\*This is only a rough guide and students may actually spend more or less than these amounts.

### **ACCOMMODATION**

When coming to study in Podgorica, you can arrange for your own accommodation or ask the school to help you out with these arrangements. It is quite simple to rent an apartment in Podgorica, and the prices vary

depending on the location. During 2012 it should be possible to rent a bachelor type apartment, in a good location for 150-200 EUR a month. In case you need to find a roommate the school will help you.

You can find advertisements about renting, in all daily newspapers (DAN, VIJESTI, POBJEDA) or in Tender (magazine with all kinds of advertisements).

### **USEFUL PHONE NUMBERS:**

Information: 1181

Ambulance: 124

Fire service: 123

Police: 122

Time: 125

Weather report: 19848

Help on roads: 19807

Sending telegrams by phone: 126

International calls: 1201

Montenegro Customer Care – 1300 (24h – Tourist service)

Internet of Montenegro: 1500

Number for Dial-up connections: 19402

#### **Mobile telephony:**

- Telenor [www.telenor.me](http://www.telenor.me)

Customers` service: 1188

E-mail: [pk@telenor.me](mailto:pk@telenor.me)

- T-Mobile [www.t-com.me](http://www.t-com.me)

Customers` service: 1500

E-mail: [callcentar@t-com.me](mailto:callcentar@t-com.me)

- M-tel: [www.mtel-cg.com](http://www.mtel-cg.com)

Customers` service: 1600

E-mail: [korisnicki.servisi@mtel.me](mailto:korisnicki.servisi@mtel.me)

**Clinical Center of Montenegro: 020/412 412**

**Emergency Service: 020/241 629**

### **VISA AND RESIDENCE PERMIT – HEALTH INSURANCE**

The Law on Foreigners (Official Gazette of Montenegro, No. 82/08) regulates the conditions of entry, movement and stay of foreigners in the territory of Montenegro. Foreigner exercises the right of entry, movement and stays with the visa, if they come from countries whose citizens, in accordance with the Regulation on the visa regime (Official Gazette of Montenegro, No. 18/09, Ministry of

Foreign Affairs [www.mip.gov.me](http://www.mip.gov.me)) require a visa to enter Montenegro without visa or, in accordance with the above regulation.

Visa regime between Montenegro and other countries is regulated by the Regulation on visa regime (Official Gazette of Montenegro, No 18/09) [www.mip.gov.me](http://www.mip.gov.me)

## **VISAS**

Pursuant to the Aliens Act, a visa shall be:

**Airport transit visa (visa A).** An airport-transit visa shall be issued to an alien for one or more crossings through an international transit space of an airport, during the interruption of a travel or transfer between two phases of an international flight, without entering into the territory of Montenegro.

**Transit visa (visa B).** A transit visa shall be issued to an alien for one, two or more trips across the territory of Montenegro. A transit visa shall be issued with a term of validity of up to six months. Pursuant to a transit visa an alien may stay in Montenegro for at most five days. A transit visa can be issued to an alien who has entrance visa of the state he travels to or through whose territory he continues his travel, unless otherwise determined by a treaty.

**Short-term stay visa (visa C).** A visa for a short stay shall be issued for tourist, business or other trips. A visa pursuant to paragraph 1 of the Aliens Act shall be issued for one or more entries into the territory of Montenegro, whereas the uninterrupted stay or the total length of successive stays may not be longer than 90 days, in a period of time of six months, counting from the day of first entry. A visa for a short stay (C visa) with more entries shall be issued for a period of time of up to one year.

**Long-term stay visa (visa D).** Long-term stay visa shall be issued to an alien intending to stay at the territory of Montenegro longer than 90 days but not longer than six months within one year period counting from the day of first entry that is subject to decision of the Authority of State Administration competent for foreign affairs.

## **RESIDENCE OF FOREIGNERS IN MONTENEGRO**

Stay of foreigners in Montenegro, in terms of the Aliens Act, is:

- Stay up to 90 days
- Temporary residence
- Permanent residence

### ***Temporary residence for employment, study and research purposes***

The Law on Foreigners (Official Gazette of Montenegro 82/08) regulates the issue of residence of foreigners on the territory of Montenegro for the purpose of: employment, high school and higher education studies, participation in international exchange programs, and scientific research.

General requirements for issuing the approval for temporary residence in Montenegro to a foreigner are that: he/she has the means of subsistence; he/she has been provided with accommodation; he/she has health insurance; there are no reasons for prohibiting entry of a foreigner in Montenegro (Article 8 of this Law); he/she provides evidence on justification of the temporary residence application.

A foreigner may be granted temporary residence for the purpose of employment and work, pursuing economic, entrepreneurial or other activities, provided that he/she is in possession of a work permit, in addition to the general requirements pursuant to the Law on Employment and Work of Foreigners. A work permit is a document on the basis of which a foreigner may find a job, i.e. be employed in Montenegro. A foreigner is granted temporary residence for the purpose of employment for the period specified in the work permit, i.e. for the period of one year. The right of temporary residence for the purpose of employment is provided for in Article 41 of the Law on

Foreigners.

A foreigner may be granted temporary residence for the purpose of high school or higher education studies, provided that he/she fulfils general requirements and submits certificate of school or university attendance, as the evidence on justification of the application. The period of temporary residence for the purpose of completing studies may be extended up to two years after the expiry of the period prescribed for duration of the high school or higher education studies. The right of temporary residence for the purpose of studying is provided for in Article 43 of the Law.

A foreigner may be granted temporary residence for the purpose of participation in international students exchange programmes or other youth programmes, if he/she fulfils general requirements for issuing temporary residence approvals, and if he/she submits the following evidence on justification of the application: certificate issued by a state body or an institution competent for implementation of the ratified international treaties on students exchange, which proves participation of a foreigner in the international exchange; certificate issued by a competent body or an institution for financing of costs of high school or higher education studies, sustenance, accommodation, health insurance, and costs of return of a foreigner to the country whose national he/she is.

A foreigner may be granted temporary residence for the purpose of scientific research if he/she fulfils general requirements, and if he/she as the evidence on justification of the application for obtaining temporary residence, presents the contract concluded with the scientific institution in Montenegro. The right of temporary residence for the purpose of scientific research is laid down in Article 46 of the Law.

A foreigner being granted temporary residence may reside in Montenegro in compliance with the purpose of granted temporary residence.

The approval of temporary residence in Montenegro is issued by the Ministry of Interior and Public Administration, subject to prior consent by the Police Directorate. A foreigner submits the application for first temporary residence to the diplomatic or consular mission of Montenegro. A foreigner not required visa for entry in Montenegro, may submit the application for first temporary residence to the Ministry of Interior and Public Administration in the place of his/her residence. Attached to the application, a foreigner submits a valid travel document, as well as other evidence on justification of the temporary residence application reasons. An appeal against the decision on denial of the application for first temporary residence may be lodged to the Ministry of Interior and Public Administration, within eight days from the date of receiving the decision.

### ***HEALTH INSURANCE***

All degree students coming to Montenegro have to obtain a valid international health insurance. This insurance covers all health services provided by the Student's Polyclinic. At the polyclinic, general health care, dental care, gynecological and psychiatric care is provided.

**Student's polyclinic:** Address: Svetozara Markovica br 37, 81 000 Podgorica  
Phone: +382 40 237 857

## **USEFUL LINKS**

**Airport Podgorica:** [www.montenegroairports.com](http://www.montenegroairports.com)

**Barska Plovidba AD:** [www.montenegrolines.net](http://www.montenegrolines.net)

**Željeznica Crne Gore:** [www.zcg-prevoz.me](http://www.zcg-prevoz.me)

**Ministry of Foreign Affairs:** [www.mip.gov.me](http://www.mip.gov.me)

**Ministry of Tourism and Environmental Protection:** [www.mte.gov.me](http://www.mte.gov.me)

**Ministry of Education and Sport:** [www.mpin.gov.me](http://www.mpin.gov.me)

**Hydrological and meteorological service of Montenegro:** [www.meteo.co.me](http://www.meteo.co.me)

**AMSCG (Automobile Association of Montenegro):** [www.amscg.org](http://www.amscg.org)

**National Tourism Organization of Montenegro:** [www.montenegro.travel](http://www.montenegro.travel)

**Tourist Organization of Podgorica:** <http://www.podgorica.travel/>

**The Municipality of Podgorica:** [www.podgorica.me](http://www.podgorica.me)

**KIC Budo Tomović:** [www.kicpodgorica.com](http://www.kicpodgorica.com)

**Crnogorsko narodno pozorište:** [www.cnp.me](http://www.cnp.me)

**Rent-a Car Service: Blic Car:** [www.bliccar.me](http://www.bliccar.me)

**Gorbis:** [www.gorbis.com](http://www.gorbis.com)

**Grand:** [www.grand.me](http://www.grand.me)

**Delta Car d.o.o.:** [www.rentacar-delta.com](http://www.rentacar-delta.com)

**Montenegro Rentals:** [www.sublet.com/state-rentals.asp](http://www.sublet.com/state-rentals.asp)

**Montenegro Accommodation:** [www.montenegroaccomodation.me](http://www.montenegroaccomodation.me)

**French Cultural Center:** [www.ambafrance-me.org](http://www.ambafrance-me.org)

**British Council:** [www.britishcouncil.org/montenegro](http://www.britishcouncil.org/montenegro)

**American Corner:** <http://cornerview.me>